



A moving story with happy end:

**Silicea – for me it was
like a miracle**

Special Issue HAIR

Silicea – for me it was like a miracle



Marianne Schneider lives in Leverkusen, where she is employed as a secretary with a major engineering company. Marianne relates how her battle against lifeless and dull hair first began, and how she finally came out victorious after more than 40 years.

Hello, my name is Marianne Schneider. I am 54 years old and have had hair problems as long as I can remember. At the age of 14 I started secretly using my mother's hair styling products to improve the appearance of those thin strands of hair hanging lifelessly from my head. Mostly the success was only short-lived, though.

I experimented at home with an endless array of shampoos, sprays, hair treatments, conditioners, and dietary supplements. And I spent enormous amounts of money in all kinds of hair dressers shops. But all those efforts were to no avail, for the result didn't last more than a few hours, at best. Then I looked into the mirror, frustrated to be faced once again with the same thin, limp strands of hair.

When I was 49 it got even worse: One day, I started shedding increasing amounts of hair. Not all of it, but there were always far too many hairs in the tub whenever I took a shower. I consulted doctors and had my hormone status analysed. I went to see an alternative practitioner, tried Schuessler salts and subjected myself to a body detox therapy. I took iron and zinc supplements, stuffed myself with vitamins and siliceous earth prod-

ucts. None of which had any lasting effect. Sometimes a downy fluff started growing in some spots – only to be shed again soon afterwards.

Finally, I had my hair cut short and only ventured into public wearing a head scarf, because by now I had so little hair left that my bald scalp was clearly visible at the front. My friends pretended not to notice and told me it wasn't really that bad. Still, I sometimes caught them casting surreptitious glances at my head. And those stares at the cash desk in the supermarket or at the cinema – sometimes it was simply unbearable.

Finally, at a friend's birthday party three years ago, I met a woman who took me aside at some point and asked: "You have a problem with your hair, right? Have you ever heard of silica?" "Yes, siliceous earth, that contains silica, doesn't it?" I replied. "No, I don't mean siliceous earth, but pure, mineral silica gel, which is more easily absorbed by your body", she explained, and told me her own tale of woe: "I had the same problem as you. I am 58 years old. Three years ago I suffered a lot of stress, both in my job and in my personal life – my husband left me for a younger woman, and the workload at the office was more than I could cope with. To top it all, I was losing increasing amounts of hair. It was my 32-year-old daughter who suggested that I try silica gel. Though she wasn't shedding hair, she had been under an emotional strain because of her thin hair until she started taking Original silicea Balsam on a regular basis. My alternative practitioner also encouraged me to take this preparation. So I agreed and I don't regret it! It took three months for the silica gel to show results, but then the success was all the more remarkable. See for yourself – not a trace left of my hair shedding problem." And indeed: She had enviably full and shiny hair.

At first I didn't pin much hope on the silica gel, having invested too much in my hair already in the past. But then, I had nothing to lose. So I went out to buy Original silicea Balsam and started taking 15 millilitres daily. At first nothing happened. But as my friend had

told me she had taken the product over several months, I persevered. And after about three or four months my hair actually did start to grow back. The new hairs were at first thin, but in time they became thicker and the rest of my hair also felt much stronger. After about six months an acquaintance commented that my hair had a wonderful shine and that I looked healthy and content. That was when I finally ultimately realised that taking this product had been worthwhile. I had been waiting for decades for that kind of compliment and it wasn't to be the last – all that felt very, very good.

I have now been taking Original silicea Balsam regularly for about three years – at first on a daily basis over a period of nine months. After that length of time, I had the beautiful hair I had been dreaming of all my life. Now all I need is a three-month silica gel treatment twice a year. I now wear my shoulder-length hair, strong and shiny, with pride. Also, my skin has become much firmer and elastic in those places where it tends to quickly become flabby in us women.

My friends now approach me without awkwardness and without taking that covert peep at my scalp. And my boss, too, is relieved. One day he took me aside and told me he had been worried about what impression my thinning hair might have on our customers. Of course, he was right. Our outward appearance creates a very specific impression, whether we like it or not.

My self-confidence and my zest for life have improved tremendously thanks to Original silicea Balsam. Today, I enjoy socialising with other people. My shyness has disappeared – though I am still frequently the object of surreptitious glances. And again it's because of my hair. But this time, I revel in those glances admiring my beautiful, healthy hair.

Whenever I meet acquaintances who have problems with their hair, I am only too happy to share my experience with that wonderful gel. Some of them have already seen an improvement, and some have already sent me thank you gifts.

Healthy hair – More fun in life

Hair symbolises beauty and sex appeal, sensuality and passion. It tells us about an individual's personality, self-confidence, life-style and zest for life. Women in particular are definitely not amused if their hair does not conform to expectations. It is a fact that millions of people suffer from thin, lifeless and dull hair – despite investing a considerable amount of effort and attention in the external care and treatment of their hair. And to make matters worse, hair that lacks gloss on the outside is also fragile and brittle on the inside: The external application of products such as conditioners and treatments does not significantly improve the structure of the hair. Unless the hair structure is strengthened on a long-term basis, volume, elasticity and glossiness will remain a dream.

New study confirms: Visibly thicker hair in only six months

Nutrients acting from the inside strengthen the hair and lend it vitality and glossiness. One such nutrient is silicon. This trace element can visibly improve hair structure, as was recently shown conclusively in a study conducted by the German University Hospital of Hamburg-Eppendorf. The study included 55 women with thin hair. The result is not surprising once you understand the importance of silicon in terms of silicic acid for you hair:

– Hair thickness increased by an average of 13 percent in only six months as a result of the regular intake of silicic acid -based Original silicea Balsam.

Presumably, however, this is only a beginning, for "it can be assumed that an extended oral intake of the silica gel will result in a further strengthening of the hair", according to the study report. Apart from an increase in hair thickness, the participants of the Hamburg study and their Study Doctor also established the following effects of Original silicea Balsam on their hair:

- healthier appearance
- higher gloss
- fewer split ends
- visibly accelerated hair growth

**Beautiful hair
boosts your self-confidence**

Moreover, the women's general well-being improved. Also, the emotional strain suffered by the test subjects on account of their thin hair was significantly reduced in the course of the test period.



**"Original silicea Balsam can be used without restrictions
for an effective treatment of thin hair."**

Prof. Dr. med. Augustin, Study Supervisor at the University Hospital of Hamburg-Eppendorf

The recommendation:

Silica gel promotes beauty from within

Inelastic connective tissue, ageing and dry skin, weak tendons and ligaments, brittle nails and thin hair are frequently the unattractive consequences of an insufficient level of active silicon compounds in the tissue. But there is no need to resign to this fate: Taken orally on a regular basis, silica gel increases the level of silicon in the body, thereby strengthening the connective tissue from within. And that is the prerequisite for attractive, glossy hair, a smooth, flawless skin and strong fingernails. The silicon contained in the gel as silicic acid acts at multiple levels simultaneously:

- **It promotes the cross-linking of protein modules in the hair (keratin), thereby improving the hair's strength, structure and health.**
- **It creates a stronger network structure between the protein molecules collagen and elastin in the connective tissue and thereby helps improve elasticity, strength and health of the skin layers in which the hair roots are embedded. The hair roots, in turn, are sufficiently provided with nutrients only if their supplier, i.e. the skin, is healthy.**

The secret:

Original silicea Balsam – excellent absorption due to tiny particle size

Mineral silica gel such as Original silicea Balsam contains the trace element silicon, which is involved in the microcontrol of practically all vital functions. A lack of this vital substance in our diet leads to deficiency symptoms in our body. While siliceous earth contains larger molecule structures, the silicic acid molecules (silicic acid: a compound of silicon, oxygen, and hydrogen) in the silica gel Original silicea Balsam are present in microdispersed (colloidal) form.

Due to the small size of the particles in the gel, the silicic acid molecules – as opposed to siliceous earth – can pass easily through the intestinal wall and from there via the blood into the connective tissue. There, in the lowest skin layers, they affect the hair roots and, consequently, the hair's growth and structure.



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**100 % natural –
without additives
and preservatives**