



A moving story with happy end:

„Now I feel good in my skin again“

Special edition
Cellulite

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Hotel specialist Janine Wagner has inherently weak connective tissue and suffers from cellulite. Do you want to know how she got rid of her problem? Read her story ... and watch out for the happy end:

Even when I was only 20 years old I didn't like what I saw in the mirror. A picture taken during a holiday really threw me for a loop: That young woman on the beach – with the small dimples in her thighs – that was supposed to be me? I was keeping an excellent diet, had a thin body, exercised regularly, and still there were already signs of what I was to see as my greatest physical flaw over the next years. While friends my age joked about cellulite, I stopped showing even my legs in public.

In my early twenties, I secretly tried all kinds of products to fight cellulite. I took dietary supplements, massaged my problem zones with lotions, subjected my body to rub-downs with massage gloves and other contraptions – spending terrific amounts of money. All to no avail. Worse still: After being pregnant with my son Mark, my stomach also lost shape. Finally, at 40, my upper arms started getting flabby, and because of the spider veins on my legs and a few pounds too many on my hips I started wearing pants only, both on the job and at home.

When I consulted my doctor, he simply shrugged and said: "That's something you'll just have to live with. You have weak connective tissue. The only thing you can do is lead a healthy life and get a lot of physical exercise. In your case it might also

help if you lost some weight. And should those spider veins on your legs develop into serious varicose veins, we might have to do some minor surgery. To prevent varicose veins from developing, you might consider wearing compression stockings."

When I left his office, I felt devastated: I was 40 years old, overweight, and was supposed to wear compression stockings from now on! That was the last straw!

For a long time now, sex with my husband had already been something I insisted on

doing in the dark. Now just imagine me taking off my compression stockings before getting into bed! To me, this was the ultimate turn-off. I strongly doubted my husband would still find me the least bit attractive. But it was to be another few years before the situation changed ...

After my son told me two years ago: "Mom, you need to get into the Internet", and gave me his old PC, I discovered a whole new world. In forums, I talked to strangers, collected valuable tips, gathered information about just about everything under the sun and eventually also discovered a wealth of new information on cellulite.

Once again I went on an anti-cellulite shopping tour – well-prepared by tips from my Internet acquaintances – and once again suffered many a disappointment, as I had when I was 20, until I came across a tip by a woman in a forum who reported that Original Silicea Gel combined with physical exercise had produced sensational results. I then found many other users in the Internet who were impressed by the tissue-strengthening silicon gel. Still, I was reluctant to believe what I read. "Mumbo-jumbo, misleading ads – that's not going to help", are the thoughts that crossed my mind. But I was under such a psychological strain that I looked up information

on the vital trace element silicon and found a great deal of scientific evidence for the positive influence of this substance on human health. So I started running on a regular basis and took a dose of Silicea gel every day.

I do admit, when nothing dramatic had happened after three weeks, I was disappointed. I seriously considered giving up. But after about six weeks I did notice a change: The withered, sallow skin of my face looked brighter and smoother and felt softer. And even better: The skin along buttocks, thighs, stomach and arms was becoming in-

After 6 weeks the withered, sallow skin of my face looked brighter, smoother and felt softer and the skin along buttocks, thighs, stomach and arms was becoming increasingly firmer.



creasingly firmer. I knew this could not only be attributed to my running exercises, for at the age of twenty I had also exercised intensively and still had cellulite on my buttocks and legs. My mind was made up: I was definitely going to keep up my daily ration of Silicea Gel.

Today, at 45, I feel good in my skin. I have almost reached my personal weight loss goal and am no longer afraid to go to the public swimming-pool – my confidence has experienced such a tremendous boost that two months ago I even went out and bought myself the tiniest of bikinis. Sex is no longer an activity that requires the lights to be switched off, and still I really enjoy it. My husband supported me unwittingly. In the past, he hardly ever noticed when I had been to the hairdresser's and had a new hair color or was wearing a new suit. But recently he said to me: "What's going on? You've been looking a lot more relaxed and younger lately. And your figure! Don't tell me you've found yourself a lover?" These twinges of jealousy were something I had never experienced from him, and last week he actually brought me red roses – something he hasn't done for years. I am convinced that I owe all this to the Silicea Gel. It is the best thing that has happened to me in the past years.

And now I even find myself in the lucky position that my friends of old ask me: "You're looking so relaxed and young! How on earth do you do it?" Of course I let them in on my secret recipe: keep a healthy diet, exercise regularly, and take a dose of silicon gel once a day. My personal beauty formula – it's as simple as that. If only I had known that when I was twenty!!!

Not bikini ready?

...then it's time to shape up now!

Firm skin from head to toe is every woman's dream. But only few of them actually ever attain it. More than 80 percent of all women over the age of 20 suffer from cellulite. And what is easy to hide under layers of clothing in the winter is difficult to conceal at the onset of the bikini season: Wrinkles and dimples on thighs, buttocks, hips, and stomach are all too noticeable when you're out sunbathing. A nightmare for every woman!

Daily exercise alone won't make cellulite disappear – and nor will products that are applied externally. Even diets are ineffective. If you have weak connective tissue, getting rid of the unsightly dimples in your skin is not going to be easy. On the contrary: The minor imperfections you may still be able to artfully hide this year will be revealed all the more glaringly by next year's skimpy summer fashion trends – for as we grow older, the regenerative ability of our connective tissue and, consequently, our skin, deteriorates, causing them to lose more and more of their elasticity. However, contrary to common belief, this process does not set in when we are 35 or 40 years old. Frequently, the first signs of weak connective tissue already become visible around the age of 20. To look her best in a bikini in spite of this, all women – both young and older – should strengthen their connective tissue from within. This is the only way to ensure that it will stay firm for a long time and to keep the skin smooth and elastic.



Healthy, strong connective tissue is the basis of firm, perfect skin.

Let the summer come:

Silicon gel ensures beauty from within

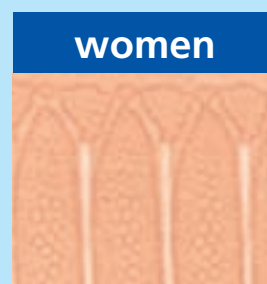
Contrary to a popular fallacy, cellulite cannot be defeated with creams, lotions, masks, or massages. For the unattractive dents and dimples are not formed on the outer skin layers; they are caused deeper down, in the underlying skin layers containing connective tissue. If the connective tissue is firm, the outer skin will automatically present a taut appearance. Wrinkles, dimples, and lines only become clearly visible when the connective tissue becomes flabby.

Structural substances that work from within strengthen the connective tissue and the skin.

One of these substances is the trace element silicon. It fortifies the connective tissue more effectively than almost any other substance. Weak connective tissue and ageing, dry skin are frequently the unsightly results of an insufficient level of active silicon compounds in the tissue. Applied orally on a regular basis, silicon gels such as Original Silicea Gel increase the silicon level in our body – entirely without chemical additives, quite naturally. Thus the connective tissue is nourished and strengthened from within.

The big problem with the small biological difference

In women, the subcutaneous connective tissue is only loosely interlinked. If it is weakened or strongly stretched due to an excessive intake of fat, the loose fibers no longer provide sufficient support for the cells. The result is cellulite. Men do not have this problem. Their firmly cross-linked strands of connective tissue have a tighter grip on fat.



loosely interlinked strands of connective tissue

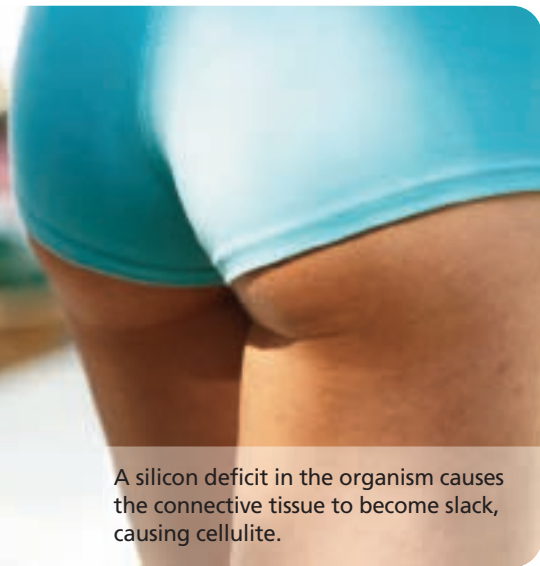


cross-linked strands of connective tissue

No miracle cure:

How the gel works

Silicon gel combined with physical exercise and a healthy diet make up a powerful team to aid us in our pursuit of natural beauty. Acting on a multi-level basis, this trace element.



A silicon deficit in the organism causes the connective tissue to become slack, causing cellulite.

- supports the production of the connective tissue fibers collagen and elastin and is itself an essential component of the connective tissue. Scientific studies have shown that the administration of silicon causes the protein molecules of the connective tissue to develop strong cross-links, thereby improving the elasticity and firmness of the skin. Signs of ageing that accompany a loss of collagen – thinner skin, reduced elasticity – can be slowed down and to a certain extent even be reversed.

- maintains the water level in the tissue - which normally drops dramatically

after a certain age - due to its extraordinary water binding capacity. This increases the skin's elasticity and promotes a healthy metabolism.

- ensures a controlled supply of nutrients to the skin cells and the removal of harmful metabolic by-products. Because the outer skin layer does not contain any blood vessels, it depends on the supply of nutrients from the underlying layers that contain the connective tissue. These layers of tissue must be intact to ensure both that sufficient amounts of water and nutrients are supplied from the blood vessels to the skin cells, and that morbid toxins and waste metabolites are removed from the tissue.

These informations were presented to you by

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The secret:

Original Silicea Gel – tiny particle size ensures excellent absorption

Mineral silicon gel such as Silicea contains the trace element silicon which is involved in the micro control of virtually all life processes. A lack of this vital substance in our diet causes the body to display deficiency symptoms. Contrary to siliceous earth, which contains larger silicon molecule complexes, the molecules of silicic acid (silicic acid: a compound of silicon, oxygen and water) in Original Silicea Gel are present in micro dispersed form.

Due to the extremely small size of the particles in the gel, the silicic acid molecules can penetrate the intestinal wall far more easily as compared to siliceous earth and travel through the blood system to the connective tissue. There, in the bottom-most skin layers, they unfold their fantastic effect on the skin.

Particle size of Original Silicea Liquid
The tiny particles of silicon gel with their huge surface area (300 sqm/g) bind pathogens and excess water.



100% natural
without additives and preservatives

www.silicea.com

